Basic Scones

(makes 8)

- 1. Preheat oven to 425F
- 2. Into a large bowl, measure:
 - 2 1/4 flour
 - 2 tbsp granulated sugar (omit for cheese scones)
 - 2 ½ tsp baking powder
 - ½ tsp baking soda
 - $\frac{1}{2}$ tsp salt
- 3. Using a pastry blender or fork, cut in:
 - ½ cup cold butter or margarine



- 4. Stir in:
 - ½ cup dried fruit / or fresh fruit / or grated cheddar cheese
- 5. Using a rubber spatula, add it:
 - 1 cup buttermilk

Stir to make a soft, slightly sticky dough, then:

- 6. With lightly floured surface, press dough into a ball.
- 7. On lightly floured surface, knead gently 10 times.
- 8. Using a rolling pin, gently roll to round, ³/₄" thickness.
- 9. With a floured knife, cut dough into <u>8 equal pieces</u> and place on parchment lined baking sheet.
- 10. Using a pastry brush, brush top of each wedge with <u>egg glaze (1 egg beaten).</u> Sprinkle tops with <u>sugar</u>.
- 11. Bake in pre-heated oven for 10-12 minute. Let cool on rack.

